Mini Med School IX

October 15 – November 26, 2008
Wednesdays 7:00 – 9:00 pm

The Mysteries of Sleep

Photo credit: Sleepwalker. Thermography 2005, ©Stephan Reusse (Cologne), Courtesy of Lukas Feichtner Art Gallery, Vienna, Austria
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Province-wide solutions. Better health.

This series focuses on the exciting world of sleep.

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OCTOBER 15
SLEEP = CULTURE
NIGHT/DAY: Social and Cultural Perceptions of Sleep

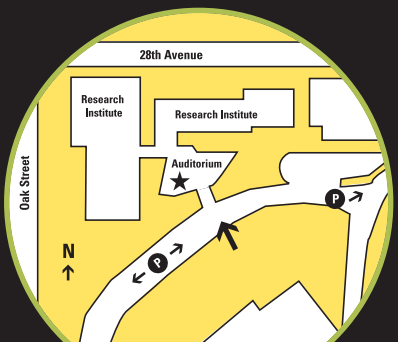
OCTOBER 22
SLEEP = RESEARCH
HANDS ON: What you Always Wanted to Know About Sleep

OCTOBER 29
SLEEP = CHANGE
SLEEP, LOVE, CHANGE: Sleep Patterns Throughout Life

NOVEMBER 5
SLEEP = CONSEQUENCES
NON-RESTORATIVE SLEEP: Causes and Consequences

NOVEMBER 19
SLEEP = ACTIVITY
DREAMING AND THE BRAIN: From Freud to Modern Understanding

NOVEMBER 26
GRAND FINALE
THE SLEEP QUIZ
RECEPTION AND INTERACTIVE STATIONS



In the Chan Centre for Family Health Education at the Child & Family Research Institute

950 West 28th Avenue
Vancouver

Free Admission. Limited Seating.

Register online at www.cfri-training.ca – click on What's New! or call 604.875.2000 ext. 5397 or email minimed@cw.bc.ca